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ABSTRACT

ORAL PRESENTATIONS

Antihemolytic Activity of Ethyl Acetate and Butanolic Extracts of *Helichrysum* stoechas (L.) Moench

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ABSTRACT: Oxidative stress is involved in apoptosis and cellular aging but also hemolytic anemia. The latter is an indicator of free radical damage to the red blood cell membrane, which antioxidants can help prevent. This study aimed to examine the antihemolytic activities of ethyl acetate and butanolic extracts from the aerial part of *Helichrysum stoechas* (L.) Moench against AAPH-induced hemolysis. The antihemolytic activity of the two extracts showed that pretreatment of human erythrocytes with various doses significantly reduced AAPH-induced hemolysis in a dose-dependent manner. The recorded HT_{50} value reached 185.58 ± 7.45 min and 138.50 ± 1.57 min for ethyl acetate and butanolic extracts at a concentration of $40 \mu g/ml$, versus 52.30 ± 0.31 min for the control. These values are better than those obtained with Trolox (115.47 ± 0.41 min), used as a reference. Our results demonstrate that *Helichrysum stoechas* (L.) Moench attenuates AAPH-induced hemolysis and can be used to prevent and treat hemolytic anemias.

Keywords: Helichrysum stoechas, Hemolysis, AAPH, Phenolic compound, Antioxidant