



Ministry of Higher Education and Scientific Research
University Mohamed Boudiaf of M'sila
Faculty of Humanities and Social Sciences
Department of Psychology
in coordination with Life Skills Laboratory



كلية العلوم
الإنسانية والاجتماعية
FACULTY OF HUMANITIES
AND SOCIAL SCIENCES



CERTIFICATE

OF PARTICIPATION

The president of the National conference, The head of the department of psychology, And the Director of the Life Skills Laboratory at M'sila university attest that:

Pr: Abdelmalik Mekefes from University Mohamed Boudiaf of M'sila

Participate in The first national conference on the psychology in English on:

Quality of life and indicators of psychological health in the Algerian society and their relationship of the spread of social evils (Descriptive, Analytical and critical Approaches) On December 13th, 2023 with an Intervention entitled

“ The impact of electronic game addiction on children’s mental health “

President of the conference

PR/ MOSBAH DJELLAB

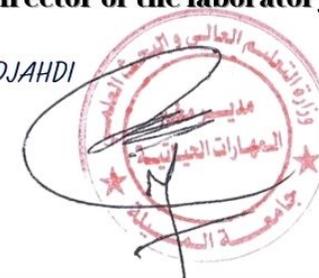
Head of the department

PR/ NOURDINE DJAALAB



Director of the laboratory

PR/ TAHAR MEDJAHDI



**Ministry of Higher Education and
Scientific Research
University Mohamed Boudiaf of M'sila
Faculty of Humanities and Social Sciences
Department of Psychology,
in coordination with
Life Skills Laboratory,
Organizes:**



The first national conference on the psychology in English.

The conference title:

Quality of life and indicators of psychological health in the Algerian society and their relationship of the spread of social evils (Descriptive, Analytical and critical Approaches).

On Wednesday, December 13th, 2023

Program of conference

| N° | Time | the intervener | The University | Title of intervention | E-MAIL |
|----|-------------|---|---|---|---|
| 01 | 9.00-9.10 | Pr/Yamna Smaili Dr/ Imane Chereit | University Mohamed Boudiaf of M'sila | The relationship between quality of life and the prevalence of drug addiction: | yamna.ismaili@univ-msila.dz imane.cheriet@univ-msila.dz |
| 02 | 9.10-09.20 | Dr/Fatiha Sahed Dr/Hadda Mimoune | University Mohamed Boudiaf of M'sila | Mental Health Care and Treatment | fatiha.sahed@univ-msila.dz hadda.mimoune@univ-msila.dz |
| 03 | 9.20-0930 | Pr/Assia Baghdadi | University Mohamed Boudiaf of M'sila | Unveiling the Depths of Erikson's Psychosocial Theory: Empowering Strategies for Lifespan Well-being | assia.baghdadi@univ-msila.dz |
| 04 | 9.30-9.40 | Dr/Loubna Seffari | University Mohamed Boudiaf of M'sila | Impact of Internet addiction and Mental Health | loubna.seffari@univ-msila.dz |
| 05 | 9.40-9.50 | Dr/Aboubakr Hamoudi | University Mohamed Boudiaf of M'sila | Are doctoral and early postdoctoral researchers prone to Risks of Mental Disorders? A review | aboubakr.hamoudi@univ-msila.dz |
| 06 | 9.50-10.00 | Dr/Asma kharkhache | University Mohamed Boudiaf of M'sila | Internet Addiction | asma.kharkhache@univ-msila.dz |
| 07 | 10.00-10.10 | Dr/ Teyeb Bouazid Dr/ Moura dTouati | University Mohamed Boudiaf of M'sila | The role of family and Linguistic communication in improving the quality of life of an immature child | tayeb.bouazid@univ-msila.dz mourad.touati@univ-msila.dz |
| 08 | 10.10-10.20 | Pr/Ramdane Khatout | University Mohamed Boudiaf of M'sila | The journey to achieving happiness...How and Why? | ramdane.khatout@univ-msila.dz |
| 09 | 10.20-10.30 | Pr/Leila Betka | University Mohamed Boudiaf of M'sila | Internet Addiction and Relationships « Cyber Relationship Addiction » | leila.betka@univ-msila.dz |
| 10 | 10.30-10.40 | PHD/Chahrazad khaldou PHD/Malek Lekehali | University Mohamed Boudiaf of M'sila | The blurring line between reality and illusion for Ai users | khaldouichahrazed@gmail.com Mioudesu99@gmail.com |
| 11 | 10.40-10.50 | Dr/ Nawal Seddiki Dr/ Hicham Baali | University Mohamed Boudiaf of M'sila University Amar telidji of laghouat | Emotional intelligence and its relationship with mental health "a descriptive study" | |
| 12 | 10.50-11.00 | Dr/Abdelhamid Maouche | University Mohamed Elbachir Elibrahimi of Bordj BouArredj | Cheating in exams at university environment, an analytical study | abdelhamid.maouche@univ-bba.dz |
| 13 | 11.00-11.10 | PHD/Bochra Rim Boussekra | University Mohamed Boudiaf of M'sila | Harmony in parenthood: the role mental well-being in nurturing children | boussekrabocharim@gmail.com |
| 14 | 11.10-11.20 | Dr/Sihem Belguermi Dr/Hadjira Boussague | University Mohamed Boudiaf of M'sila | the social dimensions of the drug phenomenon according to contemporary studies | siham.belgarmi@univ-msila.dz hadjira.boussag@univ-msila.dz |

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| 15 | 11.20-11.30 | Dr/Meryem Atmane | University Chadli Bendjedid of El Tarf | The Relationship Of Psychological Hardness To Occupational Stability: An Analytical Theoretical Study | atmane.meryem@gmail.com |
| 16 | 11.30-11.40 | PHD/Thameur Dahmani | University Mohamed Boudiaf of M'sila | Leveraging Artificial Intelligence to Mitigate Internet Addiction: A Comprehensive Research Study | tamer.dah12@gmail.com |
| 17 | 11.40-11.50 | PHD/ Sabri Madi Pr/Bensouilah Lilia | University of May 8, 1945 of Guelma | Drug Addiction | sabricnass@gmail.com bensliliane@gmail.com |
| 18 | 11.50-12.00 | PHD/ Djihad Zouak | University Mohamed Boudiaf of M'sila | Exploring Anomaly and Maladaptation | zouakdjihad@gmail.com |
| 19 | 12.00-12.10 | Pr/Machtar Hocine PHD/Hamdi Bacha Yasmine | University of May 8, 1945 of Guelma | Internet Addiction and its Effects on Psychological Health: A Critical Review | machtarhocine@yahoo.fr namdibacha.yasmine@univ-guelma.dz |
| 20 | 12.10-12.20 | Pr/Ali Cherif Houria Pr/Souad Benguega | University Mohamed Boudiaf of M'sila University Mohamed Khidier of Biskra | A reading of the value challenges of the digital environment (smartphone as an example) | Houria.alicheri@univ-msila.dz Souad.benguega@univ-biskra.dz |
| 21 | 12.20-12.30 | Dr/Djilali Mezaini | University Djilali Bounama of Khemis Miliana | Students' Mental Health Issues in a School Setting | d.mezaini@univ-dbk.m.dz |
| 22 | 12.30-12.40 | Dr/Ahlem Medjralou Dr/ Rania Bourekab | University Badji Mokhtar of Annaba | Physical education and sports and its role in achieving quality education and improving the physical health of students in primary schools | ahmedjralou@gmail.com raniabourkab@gmail.com |
| 23 | 12.50-12.40 | Dr/Nabila Telali Dr/Nabil Amraoui | University Amine El-okkal El hadj Moussa Ag Akhamouk of Tamanrasset University Center sihawas of Brika | Psychological adjustment is an indicator of psychological health. | maitrenabilamr@gmail.com |
| 24 | 12.50-13.00 | PHD/Nouri Achichi Dr/Menaouer Maarouf | University Abdelhamid Mehri of Constantine 2 University Abbes Laghrour of Khenchela | Mental health according to the World Health Organization (WHO) | achichinouri1969@gmail.com maarouf.kame@yahoo.fr |
| 25 | 13.00-13.10 | Pr/Nacera Bounouiga Pr/Tahar Medjahdi | University Mohamed Boudiaf of M'sila | Smoking behavior among adolescent girls | nacera.bounouiga@univ-msila.dz tahar.medjahdi@univ-msila.dz |
| 26 | 13.10-13.20 | Pr/Naoual Boudiaf Pr/Souhila Boudjellal | University Mohamed Boudiaf of M'sila | The Level of Emotional stability Among Students at The Department of Psychology in The University of M'sila | naoual.boudiaf@univ-msila.dz souhila.boudjellal@univ-msila.dz |
| 27 | 13.20-13.30 | Pr/Nourdine djaalab PHD/Fairouz Zazel | University Mohamed Boudiaf of M'sila | The violence in the school environment, The reasons and intervention mecanismes | nourdine.djaalab@univ-msila.dz fairouz.zazel@univ-msila.dz |

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| 28 | 13.30-13.40 | Dr/Hacene Bairi | University Mohamed Boudiaf of M'sila | School environment and smoking behavior | hacene.bairi@univ-msila.dz |
| 29 | 13.40-13.50 | Dr/Hamida Zemouri | University Mohamed Boudiaf of M'sila | Mental Health (Its Importance, Standards and Manifestations) | hamida.zemouri@univ-msila.dz |
| 30 | 13.50-14.00 | Dr/DjellabMosbah | | Healthy Mind and Body, the Key to Quality of Life | mosbah.djellab@univ-msila.dz |
| 31 | 14.00-14.10 | Dr/KarimaLadjel | University Mohamed Boudiaf of M'sila | Exploring Academic Dishonesty: A Case Study on Cheating AmongStudents at the University of M'sila | karima.ladjel@univ-msila.dz |
| 32 | 14.10-14.20 | Dr/Brahim Morzouglal | University Mohamed Boudiaf of M'sila | The internet and its impact on readability in the academic environment | ibrahim.morzouglal@univ-msila.dz |
| 33 | 14.20-14.30 | Dr/Ahmed Saoudi PHD/ Mouna Saoudi | University Mohamed Boudiaf of M'sila | The negative effects of technological media addiction to individuals' life | saoudi.ahmed@univ-msila.dz moon.saoudi@gmail.com |
| 34 | 14.30-14.40 | Dr/Seid Boudjellal | University Mohamed Boudiaf of M'sila | Psychological counseling techniques in promoting psychological and mental health | seid.boudjellal@univ-msila.dz |
| 35 | 14.40-14.50 | Dr/Slimane Bradji | University Larbi Tebessi of Tebessa | Psychological Health and its Relation to School Bullying | slimanebradji@gmail.com |
| 36 | 14.50-15.00 | Dr/HouriaBenloucif | University Abdelhamid Mehri of Constantine 2 | Theoretical exploration of social support and psychological wellbeing in Algerian working women | Houria.benloucif@univ-constantine2.dz |
| 37 | 15.00-15.10 | Pr/diaf zineddine PHD/Nacira Mellak | University Mohamed Boudiaf of M'sila | Strategies for coping with professional pressures | zineddine.diaf@univ-msila.dz nacira.mellak@univ-msila.dz |
| 39 | 15.10-15.20 | Dr/Samir Merzougui PHD/Youssef Dai | University Mohamed Boudiaf of M'sila University Zian Ashour of Djelfa | The level of mental health among those who practice physical and sports activities | samir.merzougui@univ-msila.dz youssef.dai@univ-djelfa.dz |
| 40 | 15.20-15.40 | Pr/Taieb Djaballah PHD/Hafed Boudjemaa | University Akli mohanad oulhadj of bouira University Mohamed Boudiaf of M'sila | The effect of smoking on quality of life | hafed.boudjemaa@univ-msila.dz |
| 41 | 15.40-15.50 | Pr/Faith Ghelab PHD/Elkhansa Chregui | University Mohamed Boudiaf of M'sila University Akli mohanad oulhadj of bouira | Targats of SDG Goal 3: Good Health and Well-being (2030) | fatih.ghelab@univ-msila.dz kh.chregui@univ-bouira.dz |
| 42 | 15.50-16.00 | Pr/Abdelghani Brakhlia | University Mohamed Boudiaf of M'sila | Dual-Factor ModelL of Mental Health | abdelghani.brakhlia@univ-msila.dz |
| 43 | 16.00-16-10 | Dr/SalimaAbdesalam Dr/ Amar Boussakra | University Mohamed Boudiaf of M'sila | Electronic addiction has taken a toll on children's mental health | salima.abdeslam@univ-msila.dz amar.boussakra@univ-msila.dz |

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| 44 | 16.10.61.20 | Dr/Hamlaoui Messeguem Dr/Ali Reguigberra | University Abdelhamid Mehri of Constantine 2 EL Cherif Bouchoucha Center University of Aflou | ental health (its concept - importance – standards) | hamlaoui.messeguem@univ- constantine2.dz |
| 45 | 16.20-16.30 | Abdelmalik Mekefes | University Mohamed Boudiaf of M'sila | The impact of electronic game addiction on children's mental health | abdelmalik.mekefes@univ-msila.dz |
| 46 | 16.30-16.40 | LamriOuadah | University Mohamed Boudiaf of M'sila | The repercussions of a stressful work environment on the worker's mental Health | lamri.ouadah@univ-msila.dz |
| 47 | 16.40-16.50 | Amel Bouguerra | University Hassiba Ben bouali of Chlef | Investigating the Influence of Affective Filters on Oral Communication Competences : Perceptions of L2 Students at M'sila University | a.bouguerra@univ-chlef.dz |
| 48 | 16.50-17.00 | Psy/Amer Yahia Azzedine | EHS Psychiatry Ouled Mansour of M'sila | Indicators of awareness of individual mental health and the extent of its ability to prevent as well as treat various widespread social phenomena | artpsycho88@gmail.com |
| 49 | 17.00-17.10 | Dr/Fatima Zohra Boualagua | University Mohamed Boudiaf of M'sila | The work of negativity in the works of Andre Green to reveal the meaning of thé symptom and achieve emotional balance: analytical theorizing | fatima.boualagua@univ-msila.dz |
| 50 | 17.10-17.20 | Pr/ Moustafa Baali Pr/Abdelhak Barkat | University Mohamed Boudiaf of M'sila | The obesity epidemic: a study of its causes and psychological effects | moustafa.baali@univ-msila.dz abdelhak.barkat@univ-msila.dz |
| 51 | 17.20-17.30 | Pr/Djalal eddine Bouattit Dr/Abdelouahab Mirouh | University August 20Th, 1955 of Skikda | Enhancing Quality of Life Through Physical Activity and Sport in the Workplace | d.bouattit@univ-skikda.dz a.mirouh@univ-skikda.dz |
| 52 | 17.30-17.40 | Dr/lahmidi adel Dr/Shadi Fatima | University Akli mohanad oulhadj of bouira | Mental health requirements in light of occupational pressures at work | lahmidiadel3@gmail.com fadi.fati28@gmail.com |
| 53 | 17.40-17.50 | PHD/Amal Mancer | University Mohamed Boudiaf of M'sila | Drugs (Types, causes and methods of treatments) | amal.mancer@univ-msila.dz |
| 54 | 17.50-18.00 | PHD/AsmaaBarkat PHD/Aicha Amira khelifa | University Abou El KacemSaadallah of Alger02 | The role of educational guidance in improving the Psychological adjustment of the learner | 1m.g3.khelifa.aicha.20@gmail.com |