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الموسوم بـ:

**Educational Wastage in Contemporary Institutional Settings :
A Systematic Analysis of Multi-Dimensional Determinants, Recent
Developments, and Data-Driven Intervention Strategies**

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تأليف مجموعة من الباحثين

مشرف عام:
أ.د. لبني زعور

تحرير وإعداد
د. زكية يحياوي



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Déperdition scolaire من القضايا الاجتماعية والتربية التي تشغل بالعديد من الباحثين في مجال التعليم، إذ يتربّط عليه تأثيرات سلبية كبيرة على الأفراد والمجتمع ككل. ويعرفه (Legendre, 2005). بأنه المغادرة المبكرة للمتمدرسين المسجلين في سلك من أسلال التعليم" ويتمثل في تسرب التلاميذ من المؤسسات التعليمية قبل إتمام مراحلهم الدراسية، مما يساهم في تفشي الأمية، ويحد من التقدم الاجتماعي والاقتصادي للأمم.

وقد تعود أسباب الهدر المدرسي لعدة عوامل متراوحة تتجاوز البعد التربوي البيداغوجي فهي ظاهرة معقدة تشمل جوانب اجتماعية، نفسية، ثقافية، وأسرية، ولا تقتصر فقط على مشاكل التعليم أو المناهج. ومن بين الأسباب المدرسية للهدر التربوي نذكر:

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- الغياب المتكرر للتلميذ دون مبررات مقنعة
- التعنيف البدني والنفسي للتلميذ.
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✓ عرض التجارب والمارسات الرائدة في الوقاية من الهدر المدرسي، سواء على المستوى الوطني أو الدولي، واستثمارها كنماذج قابلة للتكييف مع الخصوصيات المحلية.

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✓ إغناء البحث العلمي والتربوي في مجال الهدر المدرسي، من خلال تشجيع الدراسات متعددة التخصصات وتبادل الخبرات بين الباحثين والمهتمين.

وعلى إثر ذلك وجب علينا كمختصين ومهتمين ومن باب المساهمة في الكشف عن هذا الظاهرة والوقوف أكثر على أسبابها المعقّدة والمتعددة الأبعاد، من خلال تقديم تحليلات ودراسات تتناول مختلف جوانب الهدر المدرسي، سواء من الناحية الاجتماعية، الاقتصادية، النفسية، أو التعليمية. وأيضا تقديم حلول عملية تستند إلى تجارب ناجحة، حيث يتطلب معالجة هذه الظاهرة تضافر الجهود بين الأسرة، المدرسة، المجتمع، وأيضا المؤسسات الحكومية والمجتمع المدني. نقترح هذا الاستكتاب لجمع جهود الباحثين المنصبة في أحد المحاور التالية:

المحاور

- **الهدر المدرسي: تعريفه وأبعاده**
- **العوامل التربوية والبيداغوجية المساهمة في الهدر المدرسي (أساليب التدريس، البيئة التعليمية، أدوار المعلم، والإدارة التربوية...)**
- 1- **العوامل النفسية والذاتية:** (القلق والاكتئاب، تقدير الذات، الضغوط النفسية.....)
- 2- **العوامل الأسرية والاجتماعية:** (الفقر، التفكك الأسري، العنف الأسري.....)
- 3- **دور المدرسة في تباهي ظاهرة الهدر المدرسي:** (علاقة التلميذ والإدارة، التسيب الإداري.....)
- 4- **الهدر المدرسي في سياق الثقافة المجتمعية:** (تأثير ثقافة المجتمع على مكانة التعليم.....)
- 5- **تجارب دولية في مكافحة الهدر المدرسي.**

6-اقتراحات وحلول عملية للحد من الهدر المدرسي.

ختاما تقدم الهيئة المشرفة على الاستكتاب بأسمى عبارات الشكر والتقدير لكل من ساهم في هذا المشروع العلمي املين ان تكون مساهمتكم مفيدة وفي خدمة العلم والمعرفة.

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Educational Wastage in Contemporary Institutional Settings: A Systematic Analysis of Multi-Dimensional Determinants, Recent Developments, and Data-Driven Intervention Strategies

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Abstract:

This monograph presents a systematic analysis of Educational Wastage (EW), focusing on Early School Leaving (ESL) and academic attrition across primary, secondary, and tertiary educational institutions. EW is framed not merely as an isolated student failure but as a manifestation of profound systemic internal inefficiency. The study integrates recent empirical evidence to diagnose the complex, multi-dimensional etiology of this phenomenon. The determinants examined span pedagogical inadequacies, psychological vulnerabilities, acute socioeconomic disparities, and administrative failures, while addressing the destabilizing impact of recent global crises such as the COVID-19 pandemic. The review reveals that psychological factors, specifically academic distress and substance use symptoms, are unique, positive predictors of academic attrition, often manifesting significantly after the initial year of study. Furthermore, the lack of robust administrative follow-up and insufficient institutional communication represent critical ethical failure points that transform transient student struggles into permanent withdrawal. The monograph emphasizes the transformative potential of advanced predictive analytics

and Machine Learning (ML) models, which demonstrate high accuracy in identifying at-risk students proactively. The report concludes with policy recommendations that advocate for a dynamic strategy combining systemic reforms, mandatory psychological screening, and the implementation of locally appropriate, high-fidelity intervention models.

Keywords: Educational Wastage; School Dropout; Early School Leaving; Predictive Analytics; Mental Health

Introduction

Educational wastage, commonly referred to by the French term *Déperdition Scolaire*, represents an enduring social and educational crisis globally. This phenomenon, which encapsulates students leaving educational institutions prematurely, has chronic implications for individual life trajectories and national development. The persistence of school dropout is widely recognized as a major hindrance to social and economic progress, actively contributing to the perpetuation of intergenerational poverty cycles. Education is widely regarded as a fundamental investment in human and economic development; consequently, its failure, manifest as wastage, results in a substantial loss of realized human capital and reduced national productivity. Beyond the immediate loss of student learning potential, the costs extend to increased public expenditures required for subsequent social welfare and remedial programs.

Research Objectives: This study is driven by the following key objectives:

1. Diagnostic: To systematically identify the multifaceted, inter-linked causal factors—including economic, social, psychological, and

pedagogical elements—that contribute to educational wastage.

2. **Analytical:** To critically evaluate the specific role of institutional structure, including administrative oversight and teacher-student interaction dynamics, in either exacerbating or mitigating student attrition rates.
3. **Prescriptive:** To propose and synthesize evidence-based, data-driven strategies and successful international models for the prevention, intervention, and compensation related to early school leaving.

Problem Statement

How can educational institutions effectively combat systemic educational wastage by shifting from reactive approaches to a proactive, ethically-grounded model that integrates early psychological screening, data-driven risk prediction, and targeted pedagogical reforms to address the complex interplay of socioeconomic, psychological, and institutional determinants of student attrition?

Research Questions: Based on the multi-dimensional nature of the problem, the following research questions guide this investigation:

1. What are the core distinctions between Educational Wastage, Early School Leaving (ESL), and Academic Attrition across different educational stages?
2. How do recent academic distress, substance use, and mental health symptoms uniquely predict and mediate the risk of academic dropout?
3. In what ways do pedagogical failures, such as poor Teacher-Student Relationships and curriculum inadequacy, contribute to psychological and behavioral disengagement?

4. What strategic policy interventions, including those leveraging advanced technologies like Machine Learning, have proven most effective in identifying and re-engaging at-risk students in contemporary educational settings?

Hypotheses

- 1. Psychosocial Mediators:** Psychological disengagement, mediated by feelings of relative deprivation and low self-esteem, significantly links socioeconomic disadvantage and eventual school dropout.
- 2. Institutional Failure:** Institutional factors, specifically poor administrative follow-up and negative teacher-student relationships, constitute critical "push" variables that exacerbate attrition risk, particularly after the student's initial year.

Theoretical Framework

The conceptual foundation of this study is built upon an integration of established theories: the Ecological-Developmental Perspective and the Push/Pull/ Disengagement Models. This integrated framework views dropout as the culmination of a dynamic developmental process that is profoundly influenced by a complex set of individual and environmental factors. These influences span proximal environments (school, peers) and distal factors (family, socioeconomic background) and often originate long before the child begins formal schooling. The "push" effects focus on negative causes originating within the school environment (e.g., disciplinary actions or teacher negativity), while "pull" effects relate to external opportunities or family demands.

I. Defining the Complexity and Economic Burden of Educational Wastage

The complexity inherent in educational wastage stems from its multi-factorial nature, requiring analysis that extends far beyond simple classroom or pedagogical inadequacies. It is a phenomenon interwoven with deeply rooted social, psychological, and systemic issues that begin long before a student formally withdraws.

1- Defining Educational Wastage: Terminology and Dimensions

The terminology surrounding non-completion is varied and reflects different policy focuses and measurement goals. It is essential to delineate these concepts precisely:

- **Wastage:** The foundational understanding of this phenomenon, as articulated by Legendre (2005), defines wastage as "the early departure of students enrolled in an educational track before completing it". This premature exit results in the wastage of not only human learning potential but also institutional physical resources, equipment, and the labor invested by teachers (Radhika, 2018).
- **Educational Wastage (EW):** This term emphasizes the *internal inefficiency* of the educational system, quantifying the loss of resources (physical and human) when students fail to attain the qualifications for which they were enrolled. Wastage is often measured through repetition rates or premature withdrawals (Radhika, 2018).
- **Academic Attrition:** This is defined as the act of leaving an educational program prior to finishing a degree, certificate, or other academic goal. This term is often employed in the context of institutional retention

management, especially in higher education (Nikolaidis et al., 2022).

- **Early School Leaving (ESL) / Early Leaving from Education and Training (ELET):** These are specific policy terms adopted by international bodies, such as the European Union. They typically refer to individuals aged 18 to 24 who possess only lower secondary education or less and are not currently engaged in education or training. The evolution of these terms, particularly the shift toward ESL/ELET, represents a policy transition. While EW focuses on measuring institutional resource loss, ELET focuses on measuring individual human capital failure within a specific demographic window (18-24 years old). (Panduwinata et al., 2024, P147–156)

This monograph utilizes EW as the encompassing term for all forms of non-completion and internal inefficiency across educational levels.

The following table summarizes the operational distinctions between these key non-completion concepts:

Table I: Taxonomy and Operationalization of Educational Non-Completion Concepts

Concept	Focus of Measurement	Primary Policy/Academic Context	Key Implication for Intervention
Educational Wastage	Internal inefficiency and resource loss (teachers, buildings, learning).	Economics of Education	Focuses on systemic resource allocation and efficiency gains.
Academic Dropout	Individual withdrawal before goal completion (degree/certificate).	Institutional Management /Higher Education	Focuses on retention strategies and program support.
Early School Leaving (ESL/ELET)	Attainment status of a specific age cohort (18-2).	National/International Policy (e.g., EU)	Focuses on post-secondary pathways and lifelong learning options.

Source: (Panduwinata et al., 2024, P147–156), (Haina & DePergola, 20-25), (Radhika, 2018).

2- Societal, Economic, and Human Capital Implications

The consequences of educational wastage are pervasive and severe. At the individual level (Ecker-Lyster & Niileksela, n.d., P24-31), This impact includes substantially increased risk of unemployment, significant health

problems, and reliance on disability benefits. For society, the negative consequences contribute significantly to increased poverty rates, potential social fragmentation, and heightened levels of crime, thereby hindering overall national development. Resolving the school dropout dilemma is therefore recognized as a critical factor for national progression (Ressa & Andrews, 2022, P423-447).

Wastage in education is commonly quantified by analyzing factors such as repetition rates, premature student withdrawals, and the subsequent non-employability of school leavers. These measures collectively signal a degree of internal inefficiency within the educational system. What is deemed wasted in the current educational world includes human learning potential, the utilization of school buildings and equipment, and the labor invested by teaching staff (Radhika, 2018).

II. Macro-Structural and Psychosocial Determinants of Wastage

Educational wastage is rooted in a constellation of factors that often originate outside the classroom, establishing a foundation of vulnerability that eventually interacts negatively with the educational environment.

1- The Interplay of Socioeconomic Factors and Educational Access

A- Poverty and Financial Instability as Predictors of Withdrawal

Poverty remains one of the primary macro-structural factors driving attrition. Defined broadly as the lack of financial capacity to secure basic necessities, including food, housing, health, and education, poverty directly compromises a student's ability to participate fully in education. Studies have consistently affirmed the general conclusion that education serves as an essential tool for poverty reduction, conversely, financial barriers are a

major cause of student dropouts globally (Latif, 2015). Socioeconomic status (SES) remains a dominant predictor of educational attainment and attrition, influencing outcomes from early childhood onward (García & Weiss, 2017). Critically, disadvantaged backgrounds often contribute to an unstable family situation and a lack of necessary structure in everyday life, which are recognized as direct precursors to the dropout process (Ottosen et al., 2023, 894).

B- Analyzing the Impact of Family Structure and Breakdown

The stability and quality of the family environment exert profound influence on educational continuity. Parental separation and sudden changes to family structure have been shown to have a palpable negative impact on academic outcomes (Robinson & Meredith, 2013). This relationship is not static, empirical analyses indicate that the adverse association between living in a single-parent family structure and lower educational attainment has significantly intensified over time. The estimated relationship size more than tripled between the cohorts of the late 1960s and the 1990s (Ziol-Guest et al., 2015, P36-41). This observed magnification suggests that, for contemporary cohorts, the compensatory social and institutional support mechanisms designed to mitigate the effects of family instability have eroded relative to the increasing demands and socioeconomic vulnerabilities faced by these students. Consequently, family structure represents a heightened risk factor in modern educational systems.

C- Cultural Context and the Valuation of Education

The cultural context of education refers to how a society prioritizes and invests in learning. A common national myth holds that educational

institutions can unilaterally eliminate poverty and facilitate upward mobility for all. This ideal often clashes with the reality of intractable social problems and systemic underinvestment, such as when a nation allocates more financial resources to consumer goods like cosmetics and dog food than to quality schooling (LeCompte, 1987). The perceived value and commitment to education within the broader community milieu profoundly affects student engagement and persistence, acting as either a protective or detrimental factor against attrition (Bozkurt & Akbulut, 2019, P41-54).

2- Psychological Profiles and Internal Resilience Deficits

Psychological health is increasingly recognized as a unique and powerful predictor of educational non-completion, extending beyond general academic struggles.

A- The Role of Anxiety, Depression, and Untreated Mental Health Issues

Untreated or poor mental health fundamentally compromises a student's capacity to persist in education, causing chronic distress, negatively influencing quality of life, and leading to counterproductive behaviors such as alcohol and substance abuse (Mofatteh, 2020, P36-65). Symptoms of depression and anxiety are inversely correlated with crucial psychological protective factors, including self-esteem and self-efficacy (Liu et al., 2023, P1442-1457). These psychological states can induce a lack of interest and motivation, diminish self-confidence, and lead to a negative self-perception, making required performance standards appear insurmountable (Awadalla et al., 2024, P261). Furthermore, research suggests that early traumatic stress, categorized as "toxic adversity," can disrupt psychological, social, and

physiological development, thereby undermining learning and academic achievement from the outset (Porche et al., 2011, P982-998).

B- Academic Distress, Substance Use, and the Predictive Model

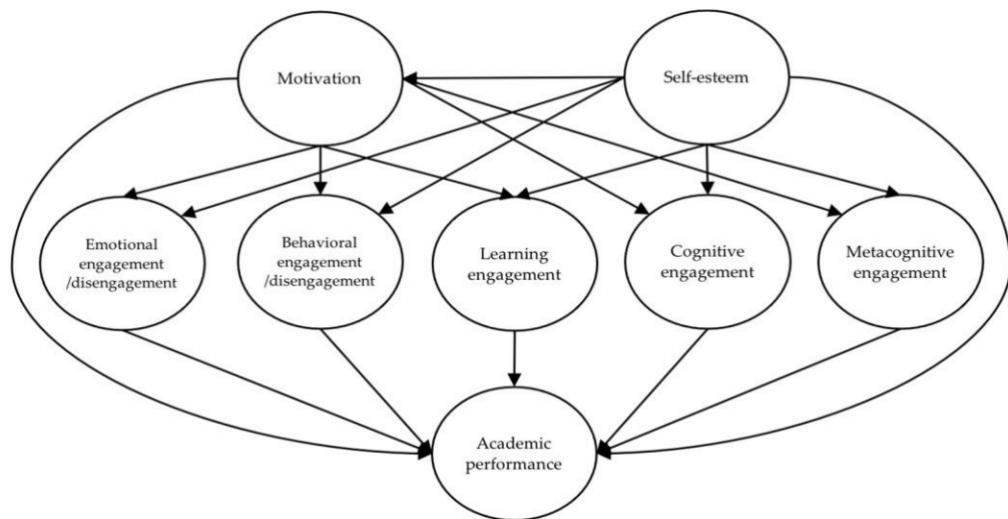
A crucial empirical finding from recent longitudinal survival analyses highlights the role of specific psychological symptoms in higher education attrition. Studies have demonstrated that, even after controlling for significant demographic correlates of dropout, such as first-generation student status and race/ethnicity, academic distress and substance use symptoms uniquely and positively predict academic dropout. The temporal analysis of these symptoms is highly informative: the differences in dropout rates between students with and without elevated psychological symptoms *emerge significantly after their first year* of study and subsequently increase over time (Trusty et al., 2025, P1-21). This pattern indicates that the psychological load experienced by students, possibly masked by initial institutional supports or enthusiasm, escalates during the transition and mid-program stages. The institution's failure to recognize and address this rising psychological vulnerability makes the second year a critical window for intervention. In addition to academic distress, high school substance use involving cigarettes, marijuana, and other illicit drugs prospectively predicts a higher likelihood of dropping out of four-year degree programs (Patrick et al., 2016, P425-447).

C- The Vicious Cycle of Psychological Disengagement and Self-Esteem

Psychological disengagement is not a static state but a trajectory that, if left unaddressed, can unfold over time, leading to antisocial behavior and enduring negative life consequences (Henry et al., 2012, P156-166). This

process is often fueled by a damaging cycle involving lowered self-esteem. Theoretical models suggest that unfavorable or unfair treatment, whether from teachers or peers, initiates this cycle by fostering a feeling of *relative deprivation*. This feeling of deprivation, in turn, acts as a mediator linking initial predictor factors to psychological disengagement. Once disengaged, the subsequent academic failure reinforces a lowering of self-esteem, which then impacts emotional and behavioral engagement. This highlights the need for institutional environments to consciously mitigate perceived unfairness to prevent the onset of this debilitating self-reinforcing cycle (ANR, 2018).

The research has provided empirical evidence of the relationships proposed in the conceptual model shown in **Figure 1**. Proposed conceptual model.



III. Institutional and Pedagogical Ecosystem Failures

While macro-structural factors define risk, the institutional and pedagogical environment often acts as the direct trigger for educational wastage, especially when systems exhibit critical failures in support and quality.

1- The Role of Pedagogical Practices in Student Alienation

A- Curriculum Rigidity and Mismatch with Student Needs

Inadequacies within the pedagogical environment, including a rigid curriculum, limited teaching materials, and inadequate facilities, constitute severe internal "push" factors for attrition. Furthermore, systemic problems such as high teacher absenteeism—reported to be around 20% in remote educational areas—are strongly linked to increased student absenteeism, poor academic performance, and ultimately, higher dropout rates (Baharuddin & Burhan, 2025). When educational programs are dense, lack sufficient recreational activities, or are poorly aligned with student particularities, the learning environment becomes monotonous and actively contributes to student alienation.

B- The Criticality of the Teacher-Student Relationship (TSR) Quality

The quality of the Teacher-Student Relationship (TSR) is an exceptionally strong predictor of academic continuity and engagement. Teachers function as attachment-like figures, providing a sense of "Secure Base and Safe Haven" for students. Positive, supportive, and responsive TSRs are empirically linked to improved academic performance and outcomes, serving as a vital protective factor against underachievement and

Early School Leaving (Di Lisio et al., 2025). Conversely, a consistently negative TSR quality is a strong predictor of lower academic engagement, contributing to the "push" effects originating within the school system (Fehérvári & Varga, 2023).

C- Negative Classroom Climate and Violence

The classroom climate is defined by the quality of interactions between students and educators. Explicitly identified push factors include physical and psychological abuse (تعنيف بدني ونفسي) and unfair treatment (المعاملة غير العادلة). Unfavorable or unfair treatment from either teachers or peers is a key precursor that rapidly leads to student psychological disengagement, disrupting the learning process and accelerating the path toward withdrawal (ANR, 2018).

2- Administrative Inefficiency and Institutional Responsibility

A- The Ethical Imperative of Retention

Institutional responsibility extends beyond mere efficiency metrics; it encompasses a moral dimension rooted in equity. The decision to lower student attrition is regarded as an inherently ethical act because it works to reduce existing inequities, particularly for underrepresented minorities who disproportionately leave programs. When institutions support their students to achieve their academic goals, they fulfill a moral imperative to contribute qualified professionals to society (Haina & DePergola, P20-25). This perspective reframes retention efforts not as a compromise of standards, but as a critical function of the university's moral and public mission.

B- Failures in Communication and Follow-up (التسبيب الإداري)

Administrative failures are often proximal factors leading to dropout. Communication between institutional administration, faculty, and students is a crucial component of effective academic retention processes.³⁵ Administrative negligence manifests as a failure to follow up on students showing signs of distress or absence. The lack of proactive monitoring and communication between the school and the family allows the transient struggles of a student to solidify into permanent withdrawal. For example, some dropouts report that institutional staff called only once, without pursuing follow-up or engaging the family in conversation, thereby losing the opportunity to convince the student to return (Eslamian et al., 2023, P990-997). Furthermore, administrators bear the responsibility for ensuring that novice educators are equipped with the proper practices and resources necessary to meet educational goals and actively prevent dropout (Gonzales et al., 2021). A failure in these foundational support and oversight structures constitutes a critical institutional push factor.

3- Recent Shocks to the System: The Impact of Global Crises

A- Assessing Educational Loss and Increased Dropout Risk Post-COVID-19

The COVID-19 pandemic severely disrupted global education, transitioning traditional learning to online platforms and accelerating learning losses across all age groups (Uğraş et al., 2023, P61-99). The impact, however, was highly unequal: children from less privileged households experienced learning loss disproportionately, spending fewer hours learning and facing a higher likelihood of dropping out due to a lack

of access to essential tools and digital resources (Cortés-Albornoz et al., 2023). This crisis starkly illuminated and exacerbated existing educational inequities based on socioeconomic status.

B- Response and Recovery Programs

In response to the pandemic-induced educational wastage, recovery programs were introduced to help students regain abilities and improve skills. Research on the determinants of efficiency in these programs highlights that effective time management and appropriate subject restructuring are key factors for successful outcomes. Critically, the success of these recovery efforts is significantly enhanced when teachers are actively involved in the formulation of the programs, underscoring the necessity of bottom-up, collaborative design in post-crisis educational response (Alrashdan et al., 2022, P79-86).

VI. Global Strategies and Evidence-Based Interventions

The challenge of educational wastage has prompted international cooperation and the development of multifaceted policy frameworks to mitigate the complex causal landscape.

1- International Models for Dropout Prevention

B- The EU Framework (Prevention, Intervention, Compensation)

International efforts, particularly the policy guidelines developed by the European Council, categorize interventions into three strategic domains designed to reduce Early School Leaving (ESL): (Panduwinata et al., 2024, P147–156)

1. Prevention: Strategies implemented before risk factors manifest, focusing on improving school attendance, performance, and

strengthening the student's connection to the school community.

- 2. Intervention:** Targeted support mechanisms deployed when risk factors become apparent (e.g., poor grades, high absenteeism).
- 3. Compensation:** Measures aimed at re-engaging individuals who have already left education, often through specialized vocational training or lifelong learning pathways.

B- Effective Program Design and Implementation Fidelity

Systematic reviews evaluating the effectiveness of school- and community-based dropout programs reveal a crucial finding: most program types are generally effective in decreasing dropout rates. The determining factor for success, however, is not the specific model adopted but the **quality of its implementation** (implementation fidelity) and its appropriateness for the local context. Programs executed with higher implementation fidelity tend to yield substantially larger and more durable effects, indicating that meticulous planning and rigorous execution are paramount for translating policy into positive outcomes (Wilson & Tanner-Smith, 2013, P357-372).

C- Comprehensive Strategy Synthesis

Successful international experiences demonstrate that comprehensive, mixed strategies are most effective. These strategies combine universal and targeted measures, incorporating enhanced student interaction with the school environment, specialized educational interventions targeting both teachers and students, active cooperation from family and the local community, provision of financial aid (e.g., free education, free nutrition

programs), and structured behavioral interventions (Eslamian et al., 2023, P92).

2- Innovative and Data-Driven Solutions

Recent technological advancements offer unprecedented capabilities for proactive intervention by leveraging predictive modeling and large datasets.

A- Leveraging Machine Learning and Predictive Analytics for Risk Identification

The application of Machine Learning (ML) and Big Data is poised to fundamentally shift dropout prevention from reactive crisis management to proactive, real-time intervention. Predictive systems aim to identify students at risk of attrition early enough to enable timely support. Advanced ML algorithms, such as Artificial Neural Networks and Support Vector Machines, consistently outperform traditional statistical models due to their capacity to manage large, non-linear educational datasets. These sophisticated models can achieve prediction accuracy approaching 100% in identifying students who are likely to drop out. Analysis of these predictive models yields critical, actionable insights: academic performance is often identified as the primary influencer of attrition. Specifically, failure in early-year foundational subjects (e.g., Mechanics and Materials, Design of Machine Elements) is shown to have a significant longitudinal effect on the likelihood of attrition (Kok et al., 2024).

This evidence strongly supports restructuring foundational courses and targeting early support mechanisms based on performance in these critical initial subjects.

B- Ethical and Operational Challenges of AI in Retention

While the efficacy of ML models is high, their deployment introduces significant ethical and operational challenges. A key concern is the risk of perpetuating historical biases inherent in the training data. If historical data reflects systemic disadvantage (e.g., a higher rate of attrition among low socioeconomic status students), the ML model may inadvertently reinforce this bias by disproportionately flagging or tracking these groups. Therefore, ensuring transparency, interpretability (Explainable AI, XAI), and ethical standards in the handling of sensitive student data is essential for fostering trust and ensuring equity in AI-driven retention efforts (Almalawi et al., 2024, P187).

C- Strategies for Enhancing Mental Health and Self-Efficacy Support

Given the empirical evidence confirming the role of psychological distress and substance use as unique predictors of attrition, academic institutions must prioritize psychological support. This requires the mandatory and early administration of multidimensional psychological symptom screenings to identify high-risk individuals. Accessible support services, such as university counseling centers, are necessary to provide timely intervention for students flagged with academic distress or substance use concerns. Beyond clinical support, promoting metacognitive strategies, which include skills for planning, monitoring, and self-regulating learning, has been shown to contribute significantly to increased academic performance and engagement, strengthening a student's self-efficacy and resilience (Acosta-Gonzaga, 2023,).

The following table synthesizes the multi-dimensional predictors identified throughout the study, along with the required institutional response.

Table 2: Multi-Dimensional Predictors and Institutional Intervention Points

Factor Category	Key Predictor(s)	Causal Relationship to Attrition	Time-Sensitivity/ Intervention Point
Psychological	Academic Distress & Substance Use	Unique positive prediction, independent of demographics.	Critical: Post-first year screening and intervention.
Pedagogical	Negative Teacher-Student Relationship (TSR) Quality	Acts as a mediating variable, accelerating disengagement for vulnerable students.	Continuous: Teacher professional development focused on relational capacity.
Socioeconomic	Poverty/ Disadvantaged SES	Creates unstable home environments and resource deficits, making retention fragile.	Longitudinal: Financial aid, free services, community engagement.
Administrative	Lack of Institutional Follow-up	Fails to re-engage students already exhibiting absenteeism or course failure.	Immediate: Implementation of robust Early Warning Systems and communication protocols.

Sources: (Quincho Apumayta et al., 2024, P942), (Di Lisio et al., 2025),

(Eslamian et al., 2023, P92), (Trusty et al., 2025, P1-21).

Conclusion

The analysis confirms that educational wastage is a complex, multi-dimensional issue resulting from a dynamic interaction between structural inequalities and institutional failures. The traditional view of EW as merely a student deficit must be replaced by a paradigm that recognizes it as a symptom of systemic failure, requiring institutional ethical accountability. Dropout risk is significantly magnified at the intersection of structural disadvantage (e.g., poverty, family instability, the increasing impact of single-parent households over time) and psychological vulnerability (e.g., academic distress and self-disengagement). The empirical finding that psychological issues often manifest after the initial year strongly suggests that institutional support systems are often front-loaded, failing to sustain students through later periods of academic and emotional difficulty. Finally, the advent of modern predictive modeling offers an unparalleled opportunity to transition from reactive crisis management to proactive, data-driven prevention, provided that rigorous ethical safeguards are implemented to counteract inherent historical biases.

Recommendations

Based on the evidence reviewed, the following actionable strategies are recommended for educational institutions and policymakers:

A. Systemic and Administrative Reforms

1. Mandatory Proactive Follow-up: Institutions must implement rigorous administrative protocols requiring timely and sustained follow-up for all students exhibiting non-attendance or course failure. This includes mandatory communication and coordination between the administration,

teachers, and families to prevent temporary absence from becoming permanent withdrawal.

2. Significant investment must be directed toward improving physical, didactic, and instructional resources, particularly in underserved and remote educational areas, thereby eliminating basic infrastructure failures as a 'push' factor for attrition.
3. **Community Dialogue:** A permanent structure for ongoing dialogue and coordination must be established among the school, the student's family unit, and local civil society organizations to foster a shared responsibility for student persistence.

B. Targeted Psychological and Pedagogical Interventions

1. **Early Mental Health Screening:** The implementation of mandatory, multidimensional psychological symptom screenings early in the student journey is essential to identify individuals at risk due to academic distress, anxiety, or substance use. These screenings must be coupled with immediately accessible and confidential support services.
2. **Relational Training for Educators:** Teacher professional development programs should prioritize training in relational competence (improving TSR quality) and trauma-informed educational practices. Supportive TSRs are powerful protective factors that must be intentionally cultivated by institutions, especially for vulnerable students.

C. Data-Driven Prevention Models

- 1. Adoption of Predictive Analytics:** Educational institutions should adopt and refine AI/ML predictive models to accurately and proactively identify attrition risk. These models should specifically target academic milestones, such as performance in foundational first-year subjects, as critical intervention points.
- 2. Prioritization of Ethical AI:** To mitigate the risk of perpetuating systemic biases, the development and deployment of predictive tools must prioritize data transparency and explainability (XAI). Policies should mandate a review process to ensure that models do not disproportionately target specific demographic groups based on historical disadvantage.

D. Limitations and Directions for Future Academic Research

The current academic body of work, particularly concerning advanced predictive models, exhibits limitations related to the lack of standardization in data processing methods, which restricts the generalizability of current models.

Future research should focus on three key directions:

- 1. There is a need for longitudinal, mixed-methods studies** that specifically isolate the causal effects of defined administrative and pedagogical failures (e.g., specific deficits in communication or curriculum rigidity) on subsequent dropout trajectories.
- 2. Evaluation of Digital Interventions:** Further investigation is warranted into the efficacy of digital interventions, including recommender systems, designed to personalize learning pathways and provide just-in-

time guidance to students to prevent attrition (Córdova-Esparza et al., 2025, P326).

3. Culturally Adapted Models: Research should prioritize developing and rigorously evaluating culturally appropriate and context-specific intervention models in developing countries. This research should build upon existing findings regarding the effectiveness of combined strategies, such as integrating financial aid with focused educational and community support.

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